

East Anglian	27th November 2022	26th September 2021	24th March 2019	25th March 2018	19th March 2017	14th February 2016	1st February 2015
Orienteering	WAO	HAVOC	NOR	SOS	SMOC	SUFFOC	WAO
Champions	Bromehill & Santon Warren	Epping Forest South West	Sheringham	Writtle Forest	Rushmere	Tunstall	Croxton Heath
W10	Elysia Cowe WAO	Alys Powell WAO	-	Abigail Prince SOS	Hebe Darwin WAO	Hebe Darwin WAO	-
W12	-	Kate Jarrett WAO	Hebe Darwin WAO	-	Milly Ashkam SMOC	Jemima Borrill WAO	Lucy Warland SOS
W14	Abigail Prince SOS	-	-	-	Tamar Hopkins SMOC	Katja Ruda NOR	Rebecca Nisbet SMOC
W16	-	-	-	-	Chloe Cracknell SUFFOC	Chloe Cracknell SOS	Daisy Partridge SOS
W18	Sophie Kerswell WAO	-	-	Chloe Cracknell SUFFOC	Katerina Skarkova NOR	Ella Gilbert NOR	Ella Gilbert NOR
W20	-	-	-	Bronwen Mansel SUFFOC	Bronwen Mansel SUFFOC	-	-
W21/Open	Sarah Pedley CUOC	Bronwen Mansel SUFFOC	Bronwen Mansel SUFFOC	Daisy Partridge SOS	Ella Gilbert NOR	Daisy Partridge SOS	Nina Tant SOS
W35	Jenny Carlsson WAO	-	-	Lizzie Rosewell SUFFOC	Helen Bickle WAO	Lizzie Rosewell SUFFOC	Leanne Bailey NOR
W40	Helen Bickle WAO	-	-	-	Freya Askham SMOC	Guro Harstad WAO	Guro Harstad WAO
W45	Freya Askham SMOC	Emma Jarrett WAO	Catherine Bartram NOR	Camilla Darwin WAO	Karen Vines SMOC	Camilla Darwin WAO	Rachel Pocock WAO
W50	Camilla Darwin WAO	Helen Hague WAO	Camilla Darwin WAO	Sally Wilkinson SUFFOC	Rachel Pocock WAO	Karen Goldsworthy NOR	Louise Walker SUFFOC
W55	Louise Walker SUFFOC	Sandra Mather SMOC	Joanne Nell RAFO	Helen Nisbet SMOC	Helen Nisbet SMOC	Janet Cronk WAO	Kim Eden NOR
W60	Helen Nisbet SMOC	Debbie Charlton SMOC	Kim Eden NOR	Janet Cronk WAO	Janet Cronk WAO	Rachel Thomas SMOC	Rachel Thomas SMOC
W65	Sue Hartley WAO	Sue Hartley WAO	Noreen Ives WAO	Noreen Ives WAO	Rosie Shaw SMOC	Chris Gay SUFFOC	Chris Gay SUFFOC
W70	Hazel Bickle WAO	Hazel Bickle WAO	Jenny Collyer SOS	Jenny Collyer SOS	Jenny Collyer SOS	Geraldine Russell SOS	Jenny Collyer SOS
W75	Geraldine Russell SOS	Geraldine Russell SOS	Gillian Pilgrim NOR	-	Sue Vine NOR	Seonaid Dudley WAO	Seonaid Dudley WAO
W80	-	-	Seonaid Dudley WAO	Barbara George NOR	Barbara George NOR	Barbara George NOR	Ursula Oxburgh WAO
W85	Barbara George NOR	-	Barbara George NOR	-			
M10	Hugo Maule-Lidbury HAVOC	Hugo Maule-Lidbury HAVOC	Alexander Darwin WAO	Alexander Darwin WAO	Richard Askham SMOC	Oliver Prince SOS	Ben Partridge SOS
M12	Alex Darwin WAO	Charlie Maule-Lidbury HAVOC	-	Theo Steventon-Barnes SUFFOC	Theo Steventon-Barnes SUFFOC	Thomas Martin SOS	Alex Wetherill WAO
M14	Chun Yan Alistair Fu WAO	Chun Yan Alistair Fu WAO	Oliver Prince SOS	Barney Steventon-Barnes SUFFOC	James Price NOR	Sam Hague WAO	Matthew Clarke SUFFOC
M16	-	-	William Bartram NOR	Sam Hague WAO	Sam Hague WAO	Matthew Clarke SUFFOC	Tim Harrison SUFFOC
M18	-	-	Thomas Bartram NOR	Matthew Clarke SUFFOC	Tim Harrison SUFFOC	Tim Harrison SUFFOC	Sam Nicolls NOR
M20	Adam Harris CUOC	-	-	-	Roderick Mansel SUFFOC	-	-
M21/Open	Dominic Dakin CUOC	Tom Beskeen WAO	Glen Richardson NOR	Andrew Stemp WAO	Jonathan Cronk WAO	Paul Pruzina CUOC	David Hodgkinson SUFFOC
M35	Chris Sellens SOS	-	Oliver Tomlinson SMOC	-	Gjermund Vingerhagen WAO	Glen Richardson NOR	Neil Rosewell SUFFOC
M40	Glen Richardson NOR	-	Ben Bethall NOR	Glen Richardson NOR	Sean Blanchflower WAO	-	Duncan Harrison SOS
M45	Roger Gooding SOS	Brian Cowe WAO	Howard Alcock NOR	Stephen Borrill WAO	Andrew Elliott SUFFOC	Duncan Harrison SOS	John Ward NOR
M50	Guy Lidbury HAVOC	John Ward NOR	Ian Renfrew NOR	Dil Wetherill WAO	Robert Campbell WAO	Andrew Henderson WAO	Dil Wetherill WAO
M55	Dil Wetherill WAO	Dil Wetherill WAO	Michael Muggeridge HAVOC	Michael Muggeridge HAVOC	Michael Muggeridge HAVOC	Paul Beckett HAVOC	Jonathan Gilbert NOR
M60	Rini Hoogkamer NOR	Michael Muggeridge HAVOC	Richard Pownall SMOC	Peter Carlill NOR	Mike Capper WAO	Alun Roberts WAO	Clive Tant SOS
M65	Roger Parker NOR	Colin West SOS	Michael Nell RAFO	Mick Liston NOR	Mick Liston NOR	Nicholas Pugh SOS	Martin Hore SUFFOC
M70	Mick Liston NOR	Michael Bickle WAO	Mick Liston NOR	Michael Bickle WAO	Garry Parmenter HAVOC	Garry Parmenter HAVOC	John Collyer SOS
M75	John Collyer SOS	John Collyer SOS	Chris Morley WAO	Chris Morley WAO	Chris Morley WAO	Chris Morley WAO	John Harvey NOR
M80	John Russell SOS	Chris Morley WAO	-	-	Peter Leverington NOR	Peter Leverington NOR	Mike Dudley WAO
Joan George Junior Trophy	Abigail Prince SOS	Kate Jarrett WAO	William Bartram NOR	Matthew Clarke SUFFOC	Chloe Cracknell SUFFOC	Daisy Partridge SOS	Tim Harrison SUFFOC

East Anglian	2nd March 2014	17th March 2013	15th January 2012	30th January 2011	14th March 2010	15th February 2009	17th February 2008
Orienteering	HAVOC	SOS	NOR	WAOC	SOS	SMOC	SUFFOC
Champions	Thorndon Park North	Writtle Forest	Lynford	Croxton Heath	Donylands	Silverstone North	King's Forest
W10	Catherine Dudley DRONGO	Elizabeth Dudley DRONGO	Elizabeth Dudley DRONGO	Georgia Gower SOS	-	-	Alexandra Fox WAOC
W12	Katja Ruda NOR	Rebecca Nisbet SMOC	Daisy Partridge SOS	Catherine Hemingway WAOC	Bronwen Mansel SUFFOC	Bronwen Mansel SUFFOC	-
W14	Daisy Partridge SOS	Daisy Partridge SOS	Ella Gilbert NOR	-	Rhiannon Ware SOS	-	-
W16	Ella Gilbert NOR	Ella Gilbert NOR	Rhiannon Ware SOS	Rhiannon Ware SOS	-	-	Hannah Newton SOS
W18	-	-	Beth Albon SOS	Kate Harvey NOR	Sophie Louth WAOC	Jacqueline Heybrock WAOC	Ellen Sanderson SOS
W20	Fiona Petersen CUOC	-	-	Harriet Burdett CUOC	-	-	Jaqueline Heybrock WAOC
W21/Open	Katrin Harding CUOC	Nina Tant SOS	Hazel Tant SOS	Blanka Collis DRONGO	Lenka Anstead SUFFOC	-	Anna Falk WAOC
W35	Leanne Bailey NOR	-	Sacha Fisher SMOC	Sacha Fisher SMOC	Anna Falk WAOC	Claire Harrison SOS	-
W40	Guro Harstad WAOC	-	Tracey Apperley SOS	Rachel Pocock WAOC	Rachel Pocock WAOC	Tracey Apperley SOS	Alison Fox WAOC
W45	Rachel Pocock WAOC	Rachel Pocock WAOC	Rachel Pocock WAOC	Alison Fox WAOC	Frances Cooper WAOC	Caroline Louth WAOC	Helen Lloyd NOR
W50	Sally Wilkinson SUFFOC	Helen Lloyd NOR	Helen Lloyd NOR	Helen Lloyd NOR	Janet Cronk WAOC	Barbara Fothergill HAVOC	Hillary Sellens SOS
W55	Hilary Sellens SOS	Lyn West SOS	Hilary Sellens SOS	Hilary Sellens SOS	Maria Marshall WAOC	Janet Biggs HAVOC	Lindsey Freeman WAOC
W60	Janet Hill SOS	Noreen Ives WAOC	Janet Howsam WAOC	Hazel Bickle WAOC	Rosie Shaw SMOC	Jenny Collyer SOS	Jenny Collyer SOS
W65	-	Jenny Collyer SOS	Jenny Collyer SOS	Jenny Collyer SOS	Geraldine Russell SOS	Geraldine Russell SOS	Gill Pilgrim NOR
W70	-	Seonaid Dudley WAOC	Seonaid Dudley WAOC	Seonaid Dudley WAOC	Seonaid Dudley WAOC	-	Barbara George NOR
W75	Seonaid Dudley WAOC	Barbara George NOR	Barbara George NOR	Barbara George NOR	Barbara George NOR	Barbara George NOR	Anne Duncumb WAOC
W80	Barbara George NOR						
W85							
M10	Barney Steventon-Barnes SUFFOC	Alex Wetherill WAOC	Joshua Buist SOS	Matthew Clarke SUFFOC	Duncan Cooper WAOC	James Nisbet SMOC	William Louth WAOC
M12	Sam Hague WAOC	Stephen Denby NOR	Matthew Clarke SUFFOC	Lewis Cooper WAOC	William Louth WAOC	Thomas Birkett SOS	Thomas Birkett SOS
M14	Matthew Clarke SUFFOC	Tim Harrison SUFFOC	Sam Nicholls NOR	Bryn Wilkinson SUFFOC	Thomas Birkett SOS	Jonathan Heybrock WAOC	Thomas Louth WAOC
M16	Tim Harrison SUFFOC	Bryn Wilkinson SUFFOC	Bryn Wilkinson SUFFOC	Tom Hemingway WAOC	Will Hooton SUFFOC	-	Jonathan Cronk WAOC
M18	Bryn Wilkinson SUFFOC	-	Thomas Louth WAOC	Thomas Louth WAOC	Jonny Cronk WAOC	-	James Park SOS
M20	Sam Garforth NOR	Sam Garforth NOR	James Haynes WAOC	Jonathan Cronk WAOC	James Park SOS	-	Edward Louth WAOC
M21/Open	Matthew Vokes CUOC	-	Laurence Ball NOR	Laurence Ball NOR	Neil Carter SUFFOC	Dil Wetherill WAOC	Chris Sellens SOS
M35	Glen Richardson NOR	Glen Richardson NOR	Neil Carter SUFFOC	David Schroeder WAOC	Andrew Elliott SUFFOC	Duncan Harrison SOS	Robert Frost NOR
M40	Duncan Harrison SOS	Sean Blanchflower WAOC	Ian Renfrew NOR	Ian Renfrew NOR	Ronny Falk WAOC	-	Dil Weatherill WAOC
M45	Angus Dudley DRONGO	Angus Dudley DRONGO	Steve Hinshelwood WAOC	Michael Belshaw BAOC/NOR	Michael Belshaw NOR	Paul Beckett HAVOC	Paul Beckett HAVOC
M50	Michael Muggeridge HAVOC	Paul Beckett HAVOC	Paul Beckett HAVOC	Paul Beckett HAVOC	Mike Capper WAOC	Mike Capper WAOC	Mike Capper WAOC
M55	Richard Bonnett SOS	Richard Bonnett SOS	Kevin Smith NOR	Richard Bonnett SOS	Richard Bonnett SOS	Mike Jones SMOC	Martin Sellens SOS
M60	Andrew Welsh HAVOC	Martin Hore SUFFOC	Martin Hore SUFFOC	Michael Bickle WAOC	Michael Bickle WAOC	Garry Parmenter HAVOC	Mike Bickle WAOC
M65	Michael Bickle WAOC	Garry Parmenter HAVOC	John Collyer SOS	John Ward NOR	John Ward NOR	Chris Morley WAOC	Chris Morley WAOC
M70	Chris Morley WAOC	John Ward NOR	John Ward NOR	Chris Morley WAOC	Chris Morley WAOC	-	John Harvey NOR
M75	John Webb SUFFOC	John Webb SUFFOC	Peter Leverington NOR	Peter Leverington NOR	Jack Isbester SOS	Norman Howarth NOR	Norman Howarth NOR
M80	Jack Isbester SOS						
Joan George Junior Trophy	Bryn Wilkinson SUFFOC	Ella Gilbert NOR	Thomas Louth WAOC	Tom Hemingway WAOC	Jonathon Cronk WAOC	Thomas Birkett SOS	Jacqueline Heybrock WAOC

East Anglian	4th February 2007	12th March 2006	18th September 2005	28th March 2004	23rd February 2003	17th March 2002	2nd December 2001
Orienteering	WAO	NOR	SOS	NOR	SMOC	NOR	RAFO
Champions	Croxton Heath	Sandringham	Hatfield Forest	Hockham	Silverstone Woods	Sheringham & Weybourne	Lynford
W10	Elizabeth Barker WAO	-	Rhiannon Ware SOS	Jacqui Doyle NOR	Alice Campbell WAO	Sophie Louth WAO	Alice Campbell WAO
W12	Helen Judd WAO	-	-	Sophie Louth WAO	Sophie Louth WAO	Sarah Lyne SOS	-
W14	-	Sophie Louth WAO	Sophie Louth WAO	Leanne Barnes NOR	-	Clare Woods WAO	Emma Johnson SOS
W16	Jacqueline Heybrooke WAO	Jacqueline Heybrooke WAO	Sarah Park SOS	Joanne West SOS	Clare Woods WAO	Katie Sellens SOS	Hazel Tant SOS
W18	Sarah Park SOS	Clare Woods WAO	Emma Johnson SOS	Katie Sellens SOS			
W20	-	Emma Johnson SOS	Jo West SOS	Hazel Tant SOS			
W21/Open	Elspeth Ingleby CUOC	Katie Sellens SOS	Sarah Wright NOR	Sarah Wright NOR			
W35	-	Julia Crook WAO	Julia Crook WAO	Julia Wotton WAO	Julia Wotton WAO	Julia Wotton WAO	J Collyer SOS
W40	Julia Crook WAO	Erica Pilkington WAO	Louise Walker SUFFOC	Caroline Louth WAO	Helen Lloyd NOR	Helen Lloyd NOR	
W45	Wendy Joners WAO	Kim Eden NOR	Sue Woods WAO	Hilary Sellens SOS			
W50	Hilary Sellens SOS	Hilary Sellens SOS	Janis Ryall WAO	Lindsey Freeman WAO			
W55	Lindsey Freeman WAO	Marion Fitt NOR	Estella Ward NOR	Jenny Collyer SOS	Jenny Collyer SOS	F Coventry NOR	-
W60	Geraldine Russell SOS	Jenny Collyer SOS	Jenny Collyer SOS	Gillian Pilgrim NOR			
W65	Clarissa Napier NOR	Clarissa Napier NOR	Clarissa Napier NOR	Clarissa Napier NOR		Barbara George NOR	Barbara George NOR
W70	Barbara George NOR	Ursula Oxbrough WAO	Anne Duncumb WAO	Barbara George NOR	Anne Duncumb WAO	J Peel NOR	
W75	Anne Duncome WAO	Anne Duncome WAO		Sheila Farnbank NOR			
W80							
W85							
M10	William Louth WAO	William Louth WAO	William Louth WAO	Thomas Louth WAO	Thomas Louth WAO	Adam Chalkley NOR	Matthew Bedder NOR
M12	Matthew Haynes WAO	Thomas Louth WAO	Thomas Louth WAO	Adam Chalkley NOR	Adam Chalkley NOR	Sophie Louth WAO	Jamie Taylor WAO
M14	Thomas Louth WAO	Jonathan Cronk WAO	James Park SOS	Edward Louth WAO	Jamie Taylor WAO	James Lyne SOS	Martin Humphries WAO
M16	James Park SOS	Edward Louth WAO	Edward Louth WAO	Simon Gardner WAO	Mark Chalkley NOR	Martin Humphries WAO	David West SOS
M18	Edward Louth WAO	Simon Gardner WAO	Simon Gardner WAO	Jonathan Pye SOS			
M20	James Lyne SOS	James Lyne SOS	James Lyne SOS	Peter Gardner WAO			
M21/Open	Tim Lenton NOR	Rolf Crook WAO	Rolf Crook WAO	Rolf Crook WAO			
M35	Robert Frost NOR	Robert Frost NOR	Rob Weed SUFFOC	Ian Renfrew WAO	Robert Campbell WAO	Robert Campbell WAO	Robert Campbell WAO
M40	Dil Weatherill WAO	Dil Weatherill WAO	Dil Weatherill WAO	Paul Beckett HAVOC	Ian Maynard HAVOC	Neil Humphries WAO	Neil Humphries WAO
M45	Mike Belshaw NOR	Neil Humphries WAO	Neil Humphries WAO	Richard Bonnett SOS	Richard Bonnett SOS	Clive Tant SOS	Martin Sellens SOS
M50	Kevin Smith NOR	Martin Sellens SOS	Richard Bonnett SOS	Martin Sellens SOS	R Beard WAO	Mick Liston RAFO	Martin Hore SUFFOC
M55	Martin Sellens SOS	Stephen Searle NOR	Mick Liston NOR	Malcolm Mann WAO	Garry Parmenter HAVOC	John Collyer SOS	John Collyer SOS
M60	Garry Parmenter HAVOC	Garry Parmenter HAVOC	Pat Martin NOR	John Ward NOR	John Ward NOR	Chris Morley WAO	Chris Morley WAO
M65	John Ward NOR	Chris Morley WAO	Chris Morley WAO	John Webb SUFFOC			
M70	-	Peter Leverington NOR	Jack Isbester SOS	Colin Curtis WAO	-	Mike George NOR	-
M75	John Peel NOR	Norman Howarth NOR	Maurice Capper WAO	John Peel NOR	-	John Peel NOR	Maurice Capper WAO
M80							
Joan George Junior Trophy	Edward Louth WAO	James Lyne SOS	James Lyne SOS	Hazel Tant SOS	Laurence Ball NOR	Katie Sellens SOS	Suzannah Robertson SOS

East Anglian	23rd January 2000	28th March 1999	29th March 1998	16th March 1997	24th March 1996	30th April 1995	27th March 1994
Orienteering	CUOC	WASH	NOR	WAOC	NOR	WASH	WAOC
Champions	High Lodge Warren	Sandringham	Kelling & Bodham	Rishbeth Warren	Lynford	Cockley Cley	Thetford & Rishbeth
W10	-	Emily Bedder NOR	Joanne West SOS	Joanne West SOS			
W12	-	Joanne West SOS	Helen Gardner WAOC	Helen Gardner WAOC			
W14	Helen Gardner WAOC	Helen Gardner WAOC	Nicola Robertson SOS	Eleanor West SOS			
W16	Suzannah Robertson SOS	Eleanor West SOS					
W18							
W20							
W21/Open							
W35	Karen Goldsworthy NOR	N Nicholls NOR	Helen Lloyd NOR	Helen Lloyd NOR	Helen Lloyd NOR	Helen Lloyd NOR	Kim Eden NOR
W40			Kim Eden NOR	Kim Eden NOR			
W45							
W50							
W55	Jenny Collyer SOS	Satu Peregrine WAOC	Gill Pilgrim NOR	Clarissa Napier NOR	Clarissa Napier NOR	Clarissa Napier NOR	Clarissa Napier NOR
W60							
W65	Ursula Oxburgh WAOC	Ursula Oxburgh WAOC	Anne Duncumb WAOC	Anne Duncumb WAOC	Anne Duncumb WAOC	Sheila Farnbank NOR	Pauline Stephens SOS
W70		Sheila Farnbank NOR	Pauline Stevens SOS	Pauline Stevens SOS	Pauline Stevens SOS	Pauline Stevens SOS	S Sills
W75							
W80							
W85							
M10	Philip Humphries WAOC	Philip Humphries WAOC	Simon Gardner WAOC	Sebastian Pugh SOS			
M12	Simon Gardner WAOC	Simon Gardner WAOC	Laurence Ball NOR	David West SOS			
M14	Laurence Ball NOR	Peter Gardner WAOC	Chris Sellens SOS	Rory Matheson WAOC			
M16	Chris Sellens SOS	Mark Larwood NOR	Philip Braham-Jones				
M18							
M20							
M21/Open							
M35	Bert Park BAOC	Roger Williams SMOC	Mick Belshaw BAOC	Mick Belshaw BAOC	Andy Malley SOS	Mike Capper WAOC	
M40	Neil Humphries WAOC	C Baker NOR		Richard Bonnett BAOC		Martin Sellens SOS	A Ebdon RAFO
M45	Martin Sellens SOS	Martin Sellens SOS	Martin Sellens SOS	P Nicholls NOR/RAFO	Malcolm Mann WAOC	Malcolm Mann WAOC	John Collyer SOS
M50	Bill Morgan NOR		Malcolm Mann WAOC	Pat Martin NOR	John Collyer SOS	John Collyer SOS	Arthur Boyt HH
M55	Pat Martin NOR	-	Chris Morley WAOC	Chris Morley WAOC	Chris Morley WAOC	Chris Morley WAOC	D Rose SMOC
M60	Chris Morley WAOC	C Thorne DRONGO	Jack Isbester SOS	C R Thorne DRONGO	Jack Isbester SOS	P Pratt HH	P Pratt HH
M65							
M70	-	John Peel NOR	John Peel NOR	John Peel NOR	Lionel Eagles NOR	Peter Softley	Lionel Eagles NOR
M75	Maurice Capper WAOC						
M80							
Joan George Junior Trophy	Eleanor West SOS	Ian Wadeson WAOC	Kate Kelleher NOR				

East Anglian	19th December 1993	8th November 1992	12th May 1991	7th October 1990	19th November 1989	18th September 1988	4th August 1987
Orienteering	SOS	WAOC	SOS/SUFFOC	HAVOC	WASH/WAOC	SUFFOC	HAVOC
Champions	Roman Valley	Mildenhall Woods	Brandon Park	Langdon Hills	Sandringham	Brandon Park	Epping Forest SW
W10							
W12							
W14							
W16							
W18							
W20							
W21/Open							
W35	A Kell SOS	Kim Eden NOR	Lindsey Freeman WAOC	Hilary Sellens SOS	-	Cath Shipley HAVOC	O Brown WAOC
W40							
W45							
W50							
W55	Clarissa Napier NOR	Barbara George NOR	Barbara George NOR	Mary Ryder HAVOC	June Webb SUFFOC	J Peel NOR	J Merry SUFFOC
W60							
W65	Pauline Stephens SOS	Pauline Stephens SOS	Pauline Stephens SOS	Pauline Stephens SOS	S Sills SUFFOC	S Sills SUFFOC	S Sills SUFFOC
W70	S Sills	S Sills	S Sills				
W75							
W80							
W85							
M10							
M12							
M14							
M16							
M18							
M20							
M21/Open							
M35							
M40		R Beard WAOC	G Wardle NOR	P Watson WAOC	B Pilgrim NOR	John Collyer SOS	B Pilgrim NOR
M45	David Hayter HAVOC	David Hayter HAVOC	David Hayter HAVOC	Stan Holroyd SMOC	M Leach WAOC	Pat Martin NOR/RAFO	Hally Hardie WAOC
M50	Pat Martin NOR	Chris Morley WAOC	Chris Morley WAOC	David Peregrine WAOC	R Cole SMOC	Jack Isbester SOS	Jack Isbester SOS
M55	R Barris HH	Jack Isbester SOS	Jack Isbester SOS	Jack Isbester SOS	Mike George NOR	D Ladkin SOS	D Allman NOR
M60	D Ladkin SOS	D Ladkin SOS	Norman Howarth WASH	John Peel NOR	John Peel NOR	G Knott NOR	
M65							
M70	Peter Softley	Lionel Eagles NOR	Peter Softley				
M75							
M80							
Joan George Junior Trophy							

East Anglian	5th October 1986	12th May 1985
Orienteering	SOS	CHIG
Champions	Baddow Ridge	Epping Forest SE
W10		
W12		
W14		
W16		
W18		
W20		
W21/Open		
W35	F Coventry NOR	F Coventry NOR
W40		
W45		
W50		
W55	J Merry SUFFOC	J Merry SUFFOC
W60		
W65	S Sills SUFFOC	S Sills SUFFOC
W70		
W75		
W80		
W85		
M10		
M12		
M14		
M16		
M18		
M20		
M21/Open		
M35		
M40	Mike Hampton HAVOC	John Collyer SOS
M45	Hally Hardie WAOC	Hally Hardie WAOC
M50	Peter Leverington WAOC	Jack Isbester SOS
M55	Alan Milton SUFFOC	Alan Milton SUFFOC
M60		Lionel Eagles NOR
M65		
M70		
M75		
M80		
Joan George Junior Trophy		