

East Anglian Orienteering Association

Presents the Compass Sport Cup & Trophy Qualification competition at:

SHOULDHAM WARREN and the SINCKS, WEST NORFOLK.

Map Ref. TF 680104 Post Code PE33 0DG

On SUNDAY 11th March 2018

Directions: Shouldham is located off the A134 approx. 8 miles south of Kings Lynn, O signed on approach to A134 turn off to Shouldham Village.

Parking: At Shouldham Warren, along forest tracks and open spaces. (Coaches can be accommodated).

Registration: Entries will be on www.fabian4.co.uk. Closing date 25th February 2018
EOD for White; Yellow & Light Green courses
No EOD for the Qualification competition.

Fees:	Compass Sport Cup & Trophy	BOF Senior: £11.50	Under 21: £4.50	
	White, Yellow & Light Green	BOF Senior £10.00	NON BOF Senior £12.00	Under 21 £3.00

Courses	Course	CS Class	Age class	Length	Climb	Controls
	Brown	1	M Open	10.3	60	19
	Short Brown	2	M40+, M20-	8.5	55	16
	Blue Women	3	W Open	7.0	50	13
	Blue Men	4	M50+	7.0	50	14
	Green Women	5	W45+, W20-	4.9	60	11
	Green Men	6, 8A	M60+, M18-	4.9	60	11
	Short Green	7, 8B	M70+, W60+, W18-	3.8	50	10
	Orange	9A, 9B	M14-, W14-	3.1	40	12
	<i>Light Green</i>	NC		3.9	50	10
	<i>Yellow</i>	NC		2.2	30	10
	<i>White</i>	NC		1.6	20	12

SI: SI electronic punching & SI card (dibber) Hire 50p. (£30.00 if Lost)

Map: Up dated by Bruce Marshall (WAOC) to December 2017. Scale 1:10.000, 5m contours, ISOM2017, Overprinted and waterproof, control descriptions on map. Loose control descriptions in start lanes.

Terrain: Shouldham Warren is a forest on a hill, a large drainage ditch east- west dissects the hill from the southern part of the map, and the Sincks relatively flat also have numerous drainage ditches.

Facilities: Porta-Loos on site in parking area.

Officials: Planner: Sarah Mansell (SUFFOC) Controller: Paul Beckett (HAVOC)
Entries: Peter Woods (WAOC) entries@waoc.org.uk
Organiser: Alan Bedder (NOR) fixtures@norfolkoc.co.uk

You are responsible for your own safety and you take part at your own risk. British Orienteering 3rd Party insurance does not cover any non-member of a British Orienteering affiliated orienteering club at this event if that person has taken part in three or more British Orienteering registered events.