



# JUNIOR HOME INTERNATIONALS 2024

## Bulletin 2A as of 13 August 2024

This document supersedes the information provided in Bulletin 1 issued in January, and earlier versions of Bulletin 2. **Changes since 30 July are highlighted.**

The East Anglian Orienteering Association welcomes the four nation teams of Scotland, Wales, England and all Ireland to Norfolk for the 2024 Junior Home Internationals.

**Individual Event** Saturday 12<sup>th</sup> October 2024 at Sheringham Park, Norfolk, NR26 8TL

**Relays Event** Sunday 13<sup>th</sup> October 2024, also at Sheringham Park

## Event Website:

We have created an event specific web page on the EAOA website:

<http://www.eaoa.org.uk/JHI.php>

The information in this bulletin will be reproduced on this web page, and in due course we will use this to post start lists, results etc.

**Accommodation:** Kingswood Centre, **48 Cromer Road, Overstrand NR27 0JJ**

Please note that Kingswood policy is that all accompanying adults staying at the Kingswood Centre overnight will require DBS check or equivalent.

All bedding is provided.

**Meals:** Breakfast and packed lunches provided on Saturday and Sunday as well as a cooked evening meal on Saturday.

## Outline Schedule:

Friday Evening:	Teams arrive at their accommodation
Saturday Morning/Early afternoon:	Individual races at Sheringham Park
Saturday Evening:	Prizegiving and Ceilidh at Kingswood
Sunday Morning:	Relay races at Sheringham
Sunday Middy:	Relay prizegiving at Sheringham

**Entries:** Entry forms will be sent out to team managers along with this bulletin. Please return completed entry forms by email as soon as you are able, and at the latest by 12<sup>th</sup> September 2024.

**Entry fees:** £100 per person. This includes accommodation and meals as specified above.

Payment instructions are included in the entry form.

Optional activities such as climbing wall/laser quest at Kingswood can be arranged on request (subject to having sufficient notice) but would involve additional cost.

**Travel:** We are expecting some teams may choose to fly to the event. Although there is an airport at Norwich, the nearest airport with good flight connections is Stansted.

We recommend that if intending to travel via Stansted, teams arrange their own journey by rail from Stansted station to Norwich. ~~From there, it is possible to continue the journey to West Runton by train. Kingswood is a 10-minute walk from West Runton Station.~~ **From there it is possible to continue the journey by train to Cromer. The accommodation in Overstrand is approx. 2.5 miles from Cromer station. We can assist in arranging transport for the final leg of the journey but we will need to know your expected arrival time.**

On the return journey we will provide transport to take teams from Sheringham Park to Sheringham station (a 5-minute drive), from where there is an hourly Sunday service to Norwich.

Sheringham Park is about a **7.5** mile drive from the accommodation in Overstrand. Coach transport will be provided for the journeys between the two on Saturday and back to the event on Sunday morning, as well as from Sheringham Park to Sheringham Railway Station on the Sunday.

## Trophy Return

Please can the current holders of the trophies ensure that they are brought to the event:

- Water Technology Ireland Perpetual Cup (highest scoring country overall)
- Ultrasport Junior Trophy (highest scoring country in the individual races)
- Cranstoun Cup (highest scoring country in the relay races)
- Judith Wingham platter (higher scoring overall between Ireland and Wales)

Please hand trophies over to the organiser on arrival at Sheringham Park on Saturday morning.

## Sheringham Park

Sheringham Park is a 1,000 acre estate, incorporating landscaped parkland and woodland. The estate is managed by the National Trust, and is open to the public. Facilities include toilets and a café.

## Competition Terrain

Sheringham Park is the jewel in the crown of East Anglian forests. Venue for the JK and BOC in the past, it is a delightfully runnable forest with a wealth of contour detail. Given the time of year, there will be areas of bracken, and some brashings, but courses have been planned to avoid the worst of these. Very few brambles anywhere. The bulk of the forest is mature deciduous, with some working coniferous plantations in the western section that will be reached by the longer courses, and also an area of open pasture to the north.

**Map:** Map updated for the event by Phil Halford (SUFFOC) in spring and summer 2024.

Map scale will be 1:10,000 with 5m contour interval. Course maps will be approx. A4 size (maybe slightly larger than A4) and will be printed on waterproof paper.

Control descriptions will be symbolic for all courses, and will be printed on course maps. In addition, loose control descriptions will be available in the start grid for the individual races. Loose descriptions will not be provided for the relays.

A previous map of Sheringham can be viewed on Routegadget here:

<https://www.noroc.routegadget.co.uk/rg2/#102>

**Punching system:** Sportident electronic timing will be employed. All numbered controls will be set up in beacon mode so that contactless punching will be enabled for competitors with SIAC dibbers.

## Start List

Start lists will be published on the JHI 2024 web page <http://www.eaoa.org.uk/JHI.php> when available.

## Results

Live results will be posted on-line during the competition, and links to results will be published on the JHI 2024 web page after each day's races.

## Acknowledgements

We are grateful to the National Trust for their permission to use the area and for their cooperation in organising this event.

Although this event has been organised by the regional association, we recognise that NOR (Norfolk Orienteering Club) has provided most of the manpower to lay on this event. Thanks to all involved in organising and planning this event.

## ORGANISING TEAM

Weekend Co-ordinator:

Peter Woods (WAOC)  
(peterwaocwoods@gmail.com)

Accommodation and entertainment:

Karen Goldsworthy (NOR)  
(karengoldsworthy@btinternet.com)

**Individual:**

Event Race Organisers:  
Planner:  
Controller:

Tim Eden + Kim Eden (NOR)  
Ben Bethell (NOR)  
Paul Beckett (HAVOC)

**Relay:**

Event Race Organisers:  
Planner:  
Controller:  
Assistant controller:

Kim Eden + Tim Eden (NOR)  
Glen Richardson (NOR)  
Sarah Mansel (SUFFOC)  
Michael Chopping (NOR)